

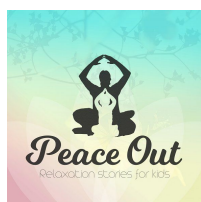


The Podcast Issue

From your Elementary Library Media Specialists!



Podcasts can be a terrific way for adults and kids learn while listening. Most podcasts are free, downloadable and portable. Episodes will can be serialized or stand alone. Subscribe to favorites and the latest episodes will populate your mobile podcast app on a weekly or bi-weekly basis. Check out [Common Sense Media](https://www.commonsensemedia.org/podcasts) for a list of 7 recommended podcasts for kids. The following are selected for elementary students.



Short stories that help children calm down and relax by guiding them through visualization and breathing exercises. Perfect for parents or teachers who want to teach mindfulness and self-regulation. New story released every Fortnight. Proud member of Kids Listen, a grassroots organisation promoting content just for children



The Dream Big Podcast is a family-friendly podcast inspiring kids (and adults!) to pursue their passions in life and take action to make their dreams a reality. Your hosts Eva Karpman (currently 9-years-old in the 4th grade) and mom Olga Karpman interview world-class performers who do what they love and live their dreams each and every day. Eva also does solo episode where she answers questions from our audience and discusses personal development principles. The Dream Big Podcast's short 15-20 minute format makes for the perfect length to listen to an episode in the car with your kids.



Thoughtfully-selected folktales from around the world are adapted for today's families and feature top talent from the stage and screen. With original music and sound design, these stories delve into topics such as kindness, persistence and generosity. Geared for kids ages 4 to 10 and their grown-ups; created and produced by parents of young children.



Little Stories for Tiny People is a kids' podcast featuring original kids' stories and poems that will delight the tiny people in your life. Perfect for bleary-eyed parents, innovative preschool teachers, and at-wits'-end babysitters looking for an alternative and non-annoying way to engage the toddlers and young kids they love at bedtime or anytime! Each story for children is lovingly written and performed with attention to the whimsical senses of humor children often possess.



"Tales from the Lily Pad" is a podcast by Marlene Wurfel, a Canadian writer and performer. At the lily pad, Lily, a frog, tells audio stories for kids and family listeners. Original stories written and read by Lily, and re-told stories from the public domain read by Lilly. Just a love of storytelling and a belief that kids should have free access to stories.

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